

SOCIAL BRAND  
LOCAL BIZ COINS  
FACEBOOK  
CONTEST APP

{page 3}



LONDON

metro®

Thursday, August 11,  
2011

[www.metronews.ca](http://www.metronews.ca)



News worth  
sharing.

Fast. Ball



► Alex Girard enjoys a game of catch yesterday at Victoria Park.

MIKE ARSENAULT/FOR METRO

## Catch-ing up with a friend in the park

Alex Girard just moved to London a couple of weeks ago from Niagara Falls. He and his friend, Jess Bradshaw, play catch in the park every day. Environment Canada is calling for more sun today with a high of 24 C. Tomorrow is also expected to be sunny (high of 27 C), but it looks as if showers could be headed our way this weekend.

## Anti-porn fight goes to council

► Groups say pornography perpetuates rape myths ► Tuesday's presentation to be 'graphic'

Leaders of a local movement against porn are throwing their cause in city councillors' laps.

The London Abused Women's Centre, Stop Porn Culture and Men Against Sexual Trafficking want pornography filters added to all London Public Library computers.

The groups also want councillors to prohibit boards, commissions and departments that receive city funding from leasing space to events sponsored by the porn industry.

Representatives from the trio will make a presentation about porn's impact on the community at 4 p.m. Tuesday during council's community and neighbourhoods committee meeting.

"There is a myth in society that pornography today is similar to Playboy magazine. That is not true," said Megan Walker, executive director of the Abused Women's Centre.

"Our political leaders need to understand what pornography is if they're going to be making these decisions."

MEGAN WALKER, EXECUTIVE DIRECTOR,  
LONDON ABUSED WOMEN'S CENTRE

"Mainstream pornography is body-punishing ... (and) often times shows women being debased."

The move comes about two weeks after the Western Fair District decided not to lease its Progress Building to The Everything to do with Sex Show, which was scheduled to start Sept. 30.

The issue with the sex show, Walker said, is not about the show itself. It's about one of the show's major sponsors, HotMovies.com, a pornographic website.

ANGELA MULLINS



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<sup>†</sup>On selected products only, from August 12-18, 2011. Only available at Metro locations in London, Ontario, excluding St. Thomas store. Excludes tobacco products, Western Union, lottery, transit tickets, gift card purchases, prescription, prescription services and other professional pharmacy services. Some conditions apply. See in-store for full details. <sup>‡</sup>Minimum purchase of \$50 or more before taxes, after discounts and exclusions in a single transaction. One offer per applicable transaction only. This offer cannot be used in conjunction with any other store wide bonus offer. Offer subjected to change without notice. Offer applies to total base reward miles earned. AIR MILES Base and Bonus offers exclude prescriptions, products containing codeine, postal service, stamps, Gift Card Express, Rexall Pharma Plus Gift Cards, lottery, transit tickets and taxes. Offer valid at participating Rexall<sup>™</sup> and Rexall<sup>™</sup> Pharma Plus locations only in the province of Ontario, excluding the region of Thunder Bay. <sup>††</sup>Offer valid August 13-14, 2011 at participating RONA stores and its other banners in Ontario only. Minimum purchase of \$80 required in a single transaction excluding taxes and the purchase of gift cards. Bonus offer coupon must be presented at time of purchase. Limit of one coupon per visit, per Collector Account, per day. Cannot be combined with any other offer, with the exception of Bonus offers on products. No cash value. Offer not applicable to purchases charged to store accounts and cannot be combined with certain offers to commercial clients. Bonus offer applies to the total base reward miles earned on qualifying purchase amount or amount paid as a deposit on special order. Some conditions apply. Details in-store. Credit card offer subject to Desjardins Card Services credit approval. Offer valid only on qualifying purchase amount charged to the RONA credit card in a single transaction or on the first in-store transaction the day you apply for the RONA credit card. <sup>‡‡</sup>Offer valid until October 2, 2011 at participating Shell locations. Minimum \$40 fuel purchase required. Minimum \$10 in-store purchase excluding tax is required per transaction to earn 5X offer. One Bonus offer per transaction. Tobacco products, car wash and service bay repairs are not eligible. Maximum number of Bonus reward miles awarded per transaction is 290. <sup>‡‡</sup>Bonus AIR MILES offer is valid August 12-14, 2011 at participating Ontario locations when you present your Collector Card at time of purchase. No coupon required. Not valid for online purchases made at [thechildrensplace.ca](http://thechildrensplace.ca). Offer valid for purchase of \$60 or more in a single transaction, net of refunds and exclusive of taxes, discounts, and gift card purchases. Offer applies to total base reward miles earned. Offer cannot be combined with any other AIR MILES Bonus offer. <sup>®</sup>TMTrademarks of AIR MILES International Trading B.V. Used under license by LoyaltyOne, Inc. Sponsor trademarks are owned by the respective Sponsors or authorized for their use in Canada.

## Suspects sought in robbery

Police are looking for three male suspects after a robbery and assault in the Southdale Road-Millbank Drive area.

Yesterday around midnight, a lone male victim was approached by three men who demanded his belongings. One of the suspects pulled a knife and stabbed at the victim, while another suspect punched the him in the head. The suspects then fled the area with the victim's property.

The victim was taken to hospital with non-life-threatening injuries.

Police are looking for three Middle Eastern men, all about 19, five-foot-eight and 180 pounds. Two of them had short black hair, the other long black hair in a braid. **METRO**

## Police to host Hindu festival

Tomorrow at 11 a.m., the London Police Service will host members of the Hindu community to commemorate the Raksha Bandhan festival. The festival honours the loving and protective bond between brothers and sisters in a family. The symbolism of protection can be extended to all protectors in society, including police officers. The ceremony involves tying a piece of holy thread to the wrist of the protector and concludes with the serving of traditional Indian sweets. **METRO**

# London company creates Facebook app

► **Tbk Creative** creates 'Contest King' app for Facebook ► Check out their contest for Yoyo's Yogurt at [facebook.com/yoyosyogurt](http://facebook.com/yoyosyogurt)



MIKE  
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The implications of Facebook are vast. It seems like every day there are new formats, applications and branding tools devised to help businesses better interact with potential clients — and a London company is at the forefront.

Tbk Creative has developed an application for Forest City companies to run contests for their consumer bases through Facebook. The app is called Contest King.

"Fans can be more engaged in the brand, participate in a contest to win things," said Andrew Schiestel of tbk Creative.

"Ultimately, it's to build larger communities or engage communities around Facebook pages."

While this branding mechanism may seem like a logical step, the use of contests to promote products and services on Facebook walls is strictly forbidden by the social media hub.

"(Contests) are actually a violation of Facebook's terms and conditions entirely," Schiestel said. "You cannot run any type of contest or sweepstakes on Facebook walls — you must run them on a sub-page."



► Andrew Schiestel and Aditi Bhargava get to work in the offices of tbk Creative yesterday afternoon. Their team has created a new app called "Contest King" for businesses to run contests through Facebook.

The tbk Creative team saw that there was a need for businesses to increase awareness and web presence.

"We see a lot of corporate Facebook pages with only a hundred or two hundred followers," Schiestel said.

"We addressed that by building this application. Fans then go into their own networks of friends and family to join the pages to help them with the prizes."

## iFrame solution

Because of the limitations of running a contest through Facebook, the tbk Creative team was forced to create an iFrame application, or separate page, on their own server.

The contest application itself is not officially affiliated with Facebook, but it does appears within the framework of the Facebook page and software.

1  
news



'Amazing' success in test leukemia treatment that turns blood cells into cancer-hunting assassins. Scan code for story.

To scan 2D barcodes in Metro, download the free ScanLife app at [2dscan.com](http://2dscan.com).

### On the web

**Although Canada faces risks because of global economic volatility, Jim Flaherty says he's not changing his plan to balance the budget.**

**Video at metronews.ca**

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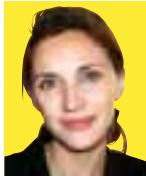
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# THE HOTTEST SHOPS HELP YOU GET A JUMP ON FALL

## LONDON STYLE

SARAH FRANCIS  
METRO LONDON



Though we're often told to appreciate what we have right

now, it's always fun to imagine what's coming next — especially when it comes to fashion. If your summer duds are starting to feel a little stale and you're ready to make room in your closet for a few little pick-me-ups, it's not too early to start thinking about next season's top trends. Looking for a must-have list for your fall wardrobe? I've asked some of London's chicest stores to share their can't-live-without items for the new season.

"Saffron Road is now carrying L.A.M.B. by Gwen Stefani, and her whole collection is stunning, from plaid maxi skirts to tailored vests. We're also especially excited about the leather dress by Malene Birger or the python-print tee by Nation."

— Lori Smith, sales associate, Saffron Road

CONTRIBUTED



► Leopard-print booties, ACCENTS by Fisher & Co.

"Inject a little Cat Power or Python into your fall wardrobe with a sexy, retro-classic print piece. Whether

it is a flat shoe, riding boot, handbag, belt or a high stiletto, any Accent that is animal print will surely update your classic look and put you on the trend report."

— Lisa Fisher, owner, ACCENTS by Fisher & Co.

"For Lolita, one of the newest trends is big, wide cuffs. They can be all beaded or one big piece of metal. We're also loving warm-toned turbans by Toronto designer Headmistress."

— Sue Glass, owner, Lolita

"This season's must-have pieces from Archies are Quiksilver Girls wrap sweaters and Billabong flannels — and be sure to accessorize with a new gold Nixon watch."

— Mallory Rickard, assistant buyer/manager, Archies

"Twist by PrimaDonna's A La Folie collection marries the brand's renowned full-cup support bras with bold, swinging '60s-inspired colour and co-ordinating, contemporary shapewear. It's a combination that provides the va and the voom for lingerie this fall!"

— Liliana Mann, owner, bra-fitting expert, Linea Intima

"A menswear-inspired pantsuit in a classic shade of grey cut in a figure-flattering feminine form is a top trend for this fall. An animal print also packs a powerfully sexy punch, when styled in a sophisticated shirtwaist wrap dress."

— Ross Mayer, owner, Ross Mayer



For a longer version of this column, visit [metronews.ca/london](http://metronews.ca/london).

Sarah Francis lives in Union and is the style-maven responsible for [realliferunway.com](http://realliferunway.com).

# Help Boys and Girls reach Milky Way

MIKE ARSENAULT  
LONDON@METRONEWS.CA

For a fourth consecutive summer, The Boys and Girls Club of London is using milk as the centrepiece of its summer nutrition program.

But the group needs help from Londoners.

"This year we're lagging a little bit behind (our goal)," said Don Donner,

CEO of the Boys and Girls Club of London Foundation.

The program is being run in conjunction with Rundle's No Frills. The goal set was \$3,000 to provide 9,000 glasses of milk to thirsty kids this summer, and the Boys and Girls



► Jake helps himself to a glass of milk.

Club has yet to reach its target.

The Rundle's No Frills location is asking people to

"round up their bill" to the nearest dollar, so that the proceeds from the rounding can go to support the Milky Way program.

"A lot of young people today from single-parent families don't get proper amounts of milk and nutrition, which helps their bone and teeth formation and all of those good things," said Donner.

# Wheeling and dealing with MD chair dare

## ► Firefighters do everything but training, battle blazes in wheelchairs

ANGELA MULLINS  
LONDON@METRONEWS.CA

Greg Knight's a strong guy.

As a firefighter, he's used to scaling tall buildings in a jiffy and hauling pound upon pound of heavy equipment on his back. But none of that is as physically challenging as The Wheelchair Dare.

"We go through those big steel doors (at the fire station) every day and don't think anything about it," Knight said. "When you're in a chair, it makes it a little different."

Sixteen city firefighters have spent shifts in wheelchairs this week, raising money for Muscular Dystrophy Canada. They accepted the dare with a fundraising goal of \$6,000. About \$8,000 had been raised as of yester-

day morning, Knight said.

It's the second time the fire department has taken on the challenge. Two years ago, Knight and another firefighter raised \$4,000 for the cause. Firefighters have been big supporters of Muscular Dystrophy Canada since 1954. The partner-

ship was formed when parents of children affected by the muscle disorder asked the Toronto Fire Department for fundraising help.

That request prompted the first canvass of Toronto neighborhoods, raising more than \$200,000 for research.



### How to help

- London firefighters are accepting donations for The Wheelchair Dare, a Muscular Dystrophy Canada fundraiser.
- You can get involved at [muscle.akaraisin.com/londonffwheelchardare](http://muscle.akaraisin.com/londonffwheelchardare)

# Junkyards seek regulation

A group representing auto recyclers wants Ontario's political parties to endorse a program that would regulate the disposal of old vehicles.

The Ontario Automotive Recyclers Association says two out of three so-called "end of life" vehicles in the province aren't managed to any environmental standard.

They want an industry-led environmental management system for the half a million vehicles that require decommissioning in Ontario each year.

Such industry-led programs are usually funded through eco fees — a politically toxic issue for the governing Liberals, who are seeking a third term. THE CANADIAN PRESS

### News in brief

#### Fires under investigation

NO INJURIES. London firefighters were called out to two early-morning fires.

Damage is estimated at \$50,000 after a suspicious fire broke out at an abandoned home around 4:30 a.m. Around 6 a.m., firefighters responded to a

blaze in a garage, part of Annex Towing, and damage is estimated at \$350,000. AM980/AM980.CA

#### Afrofesta cancelled

CULTURE. One of London's annual summer festivals has been put on hold this year. Afrofesta is looking for new sponsors and may turn to city council for extra funding. AM980/AM980.CA

# Traveller's spirit and Scotiabank support help Shanghai native start Canadian journey

As the operator of a Shanghai travel agency, Yuxiang Zhang had a love of travel that he put to the test when he decided to move to Canada. But when he faced worries about this colossal trip, he discovered how Scotiabank's multinational team and services can provide a smooth landing.

Mr. Zhang's personal journey began after he visited Becky, his only daughter, who had immigrated to Canada in 1999. Seeing how she was enjoying her life in a friendly, multicultural country, he decided to become a family class immigrant.

"I was excited to join my daughter, but I was also unsure about the details, such as how would I move forward without speaking English?" says Mr. Zhang, who also wondered about practical issues such as the process to transfer money to a Canadian bank.

Fortunately, Becky convinced him to attend an immigration seminar in Shanghai, hosted by Scotiabank and The Cross-Cultural Community Services Association, where Bank officials answered every question, ranging from the Canadian job market to government services. He also learned about the **Scotiabank StartRight® Program**<sup>1</sup> for Newcomers, which includes a free day-to-day bank account for one year<sup>2</sup>, a wide range of VISA<sup>®</sup> card options<sup>3</sup> and a number of other customized services and benefits.

"Before the seminar, I was very worried, but afterwards I felt relieved, and it gave me the courage to move forward," recounts Mr. Zhang, who arranged for his Canadian and U.S. dollar bank accounts with Scotiabank, and applied for a credit card, while still in Shanghai, through the Bank's partnership with China Everbright Bank.

After landing in Toronto in late 2009, Mr. Zhang went alone to the Scotiabank branch at the Steeles & Silverstar location to activate his accounts. Speaking only Mandarin and Russian, he wasn't sure how things would go. Luckily, he was greeted by Isa Ho, Branch Manager, and her multilingual staff. "Surprisingly, it went well, and my accounts and debit card were ready, and my VISA<sup>®</sup> card came within a week," marvels Mr. Zhang.

Isa, a Canadian immigrant who speaks both Cantonese and Mandarin, is well prepared to serve newcomers. She often calls them long distance before they move, to help them prepare. "I tell them about banking options and what are the best schools for their kids," says Isa, a 31-year veteran of Scotiabank, who still remembers seeing donuts for the first time when she arrived. "When they get here, we answer their questions about Canadian customs, and explain about banking in Canada. Also, since many newcomers want to buy

a home, we educate them on Canadian mortgages and how to avoid credit mistakes."

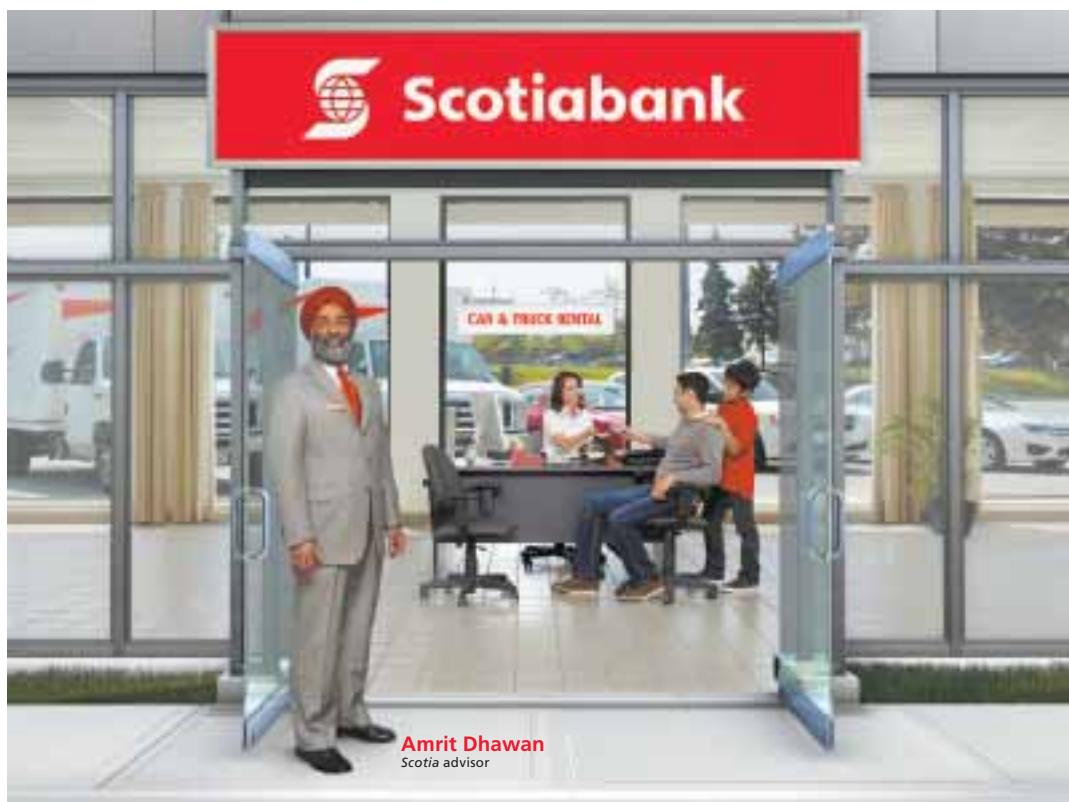
Today, Mr. Zhang is enjoying life in Canada, studying English and preparing to start a tour business for both Chinese and Canadian travellers. During an upcoming visit to China, he will tell others about the opportunities in Canada and "the friendly, open and trustworthy service I experience at Scotiabank."

That's good news for Isa Ho who teaches her Scotiabank team to "Welcome every newcomer with a smile, speak their language, and serve them with our hearts."

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With the support of Scotiabank's Isa Ho, Mr. Yuxiang Zhang is discovering a world of opportunities in Canada.



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<sup>2</sup>Offer available for one year when you open a new "Powerchequing" account with Scotiabank. Free banking refers to personal account level service fees only. This includes all account monthly transaction fees. It does not include fees not covered by your banking package nor fees charged by other financial institutions. Fees not covered with the "Powerchequing" account, including those for foreign exchange, will be charged at the standard fees (e.g. Interac, VISA, ATM, POS fees), continue to apply. Cardholder service fees continue to apply for using the cross-border debit service.

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# Robbed – by callous ‘Good Samaritans’

The video has become synonymous with London’s rioting: A young man, bleeding and dazed from a mugging, is helped from the ground by youths — who promptly unzip his backpack and callously make off with its contents.

But who is he?

The young man is 20-

year-old Malaysian accounting student Mohammad Asyraf Haziq, who was cycling with a friend in east London on Monday to a gathering to break his Ramadan fast, said friend Dzuhair Hanafiah.

The details are as chilling as the video. First, about 20 teens and pre-teens surrounded him.

Then they grabbed his bike, took his cellphone and broke his jaw, Hanafiah said yesterday.

“The next thing he remembered, his mouth was full of blood,” said Hanafiah, a member of the London Umno club, a society for Malaysian students.

The video of the attack

on Haziq went viral and has become one of the most memorable scenes from four days of unrest.

Hanafiah said Haziq was helped by a local woman who brought him into her home. Using Facebook, she helped him contact a friend. Finally, he got to a hospital.

THE ASSOCIATED PRESS



► In this image from an amateur video, a gang of youths surround Mohammad Asyraf Haziq.

THE ASSOCIATED PRESS

# PM won’t bow to ‘culture of fear’

► Britain’s Cameron warns rioters he’ll fight: ‘Nothing is off the table’

Britain’s prime minister hammered out a tough line against rioters yesterday.

David Cameron promised not to let a “culture of fear” take hold.

“We needed a fightback and a fightback is underway,” Cameron said in a sombre TV statement outside his Downing Street office after a meeting of the country’s crisis committee.

And he warned “nothing is off the table” — including a water cannon, used in Northern Ireland but never deployed in mainland Britain.

Cameron has recalled parliament from its summer recess for an emergency debate today.

Four days of riots and looting across the nation have both outraged and frightened citizens.

LONDON: An eerie calm prevailed yesterday as thousands of extra police flooded the streets.

Scenes of ransacked

## 805

The number of arrests so far in London. Courts are being staffed around the clock to process looters, vandals and thieves — including one aged 11.

stores, torched cars and blackened buildings marked the capital.

BIRMINGHAM: Police launched a murder investigation into the deaths of three men hit by a car.

Residents said the dead men, aged 21 to 31, were members of the South Asian community who had been patrolling their neighbourhood to keep it safe from looters.

“They lost their lives for other people, doing the job of police,” said witness Mohammed Shakiel, 34. “They weren’t standing outside a mosque, temple, synagogue or church —



► Tariq Jahan holds a picture of his son Haroon Jahan, who died after being knocked down by a car along with two other men while protecting their community from looters.

they were standing outside shops where everybody goes.

“They were protecting

the community.”

LIVERPOOL: Local Premier League rivals Liverpool and Everton issued a

joint appeal yesterday for the violence in the northern city to end.

THE ASSOCIATED PRESS

## Muslims urged to launch web war

Militant online forums are abuzz with calls to Muslims in Britain to launch Internet campaigns in support of the British rioters and to urge them to topple the government.

Dozens of contributors yesterday suggested Muslims in Britain should flood social media websites such as Facebook and Twitter with slogans and writings inciting the British youth to continue rioting.

One contributor says the rioters should adopt slogans similar to those used by Arab protesters during the uprisings in the Middle East this year.

One contributor says “chaos is useful to militants in London.”

THE ASSOCIATED PRESS

# Norway killer convincing police he’s a loner

Anders Behring Breivik was a loner, investigators increasingly believe.

The man who confessed to killing 77 people in last month’s attacks in Norway planned and committed them on his own, a prosecutor said yesterday.

Breivik detonated a bomb outside government buildings in Oslo on July 22, killing eight people.

Then he shot dead 69 others at a youth camp on an island outside the capital.

There was initial speculation that others were involved in the attack.

But prosecutor Christian Hatlo said that after 40 hours of questioning, police are fairly certain Breivik acted alone and that he appears to be telling the truth.

Hatlo said police have been able to verify much of what Breivik told them about the attacks, and they had not discovered “any direct lie, yet.”

“That is also why we, with a certain confidence, can say that he was alone, but I have to emphasize that we have not concluded yet,” Hatlo said.

THE ASSOCIATED PRESS



► Anders Behring Breivik

## News in brief

### Radical group behind bombs?

MEXICO CITY. An anti-technology group has issued a manifesto claiming responsibility for at least two bombings that injured two professors in Mexico and praising the so-called Unabomber whose mail-bombs killed

three and injured 23 in the United States.

THE ASSOCIATED PRESS

### Cocaine a bolt from the blue

BUENOS AIRES. Customs officials say a man with a box of metal bolts in his baggage tried to board a flight to South Africa. Agents found the hollowed-out bolts hid 45 pounds of cocaine.

THE ASSOCIATED PRESS

# Gadhafi's 'dead' son appears on Libyan TV

► Rebels claim commander was killed in a NATO airstrike last week

Libyan state television broadcast images yesterday of a man it said was Moammar Gadhafi's youngest son in an attempt to refute rebel claims that he had been killed in a NATO airstrike.

Rebels claimed on Friday that 27-year-old Khamis Gadhafi, who commands one of the best trained and equipped units in the Libyan military, was killed in the western frontline town of Zlitan. The regime dismissed the claim and said the rebels were only trying to deflect attention from the killing last week of the opposition's military commander, possibly by other rebels.

The images on television showed the son at a Tripoli hospital visiting people wounded in a NATO airstrike and said it was on Tuesday. If genuine, it would be the first time he has been seen in public since the reports of his death.

State television also showed funerals for dozens of civilians it said had died in another NATO airstrike on Tuesday in Zlitan, a main front for the rebels fighting Gadhafi's troops. It is about 140 kilometres southeast of Tripoli.

The channel has been airing images in black and white to honour a three-day mourning period for the 85 people the govern-

ment said lost their lives in Zlitan.

More than 200 people gathered around about 40 coffins set on the ground in a cemetery under the shadows of palm trees.

Someone with a loudspeaker delivered a speech while the crowd interrupted him with calls of "Allahu Akbar" — Arabic for God is Great.

"Let everyone know that the planes, supported by the governments of Qatar and the Emirates, will only increase our grudge against them and will only increase our steadfastness in the face of the enemy," the man with the loudspeaker said.

THE ASSOCIATED PRESS



► This video image broadcast yesterday by Libyan TV purports to show Moammar Gadhafi's youngest son, Khamis Gadhafi.

# U.S. hits Syria with sanctions

Ratcheting up the pressure, the Obama administration slapped sanctions yesterday on Syria's largest commercial bank and cellphone operator as it moved to demand the end of four decades of dictatorship under the Assad family.

The Treasury Department added the state-owned Commercial Bank of Syria and its subsidiary, the Syrian Lebanese Commer-

cial Bank, to its sanctions list, citing their links to human rights abuses and illegal weapons trade with North Korea. Mobile phone company Syriatel was targeted because it is controlled by "one of the regime's most corrupt insiders," said David Cohen, the department's undersecretary for terrorism and financial intelligence.

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# Full speed ahead on spending cuts: Flaherty

► 'We will stay the course. We will stay on track,' Jim Flaherty says of plans to balance budget by 2015 ► But concedes economy faces risks

Canada's economy remains stable and growing despite volatile global markets, but the uncertainty poses risks for the country, Finance Minister Jim Flaherty says.

However, Flaherty said yesterday that he will stick with his plan to balance the government books by 2014-15 in part by finding \$4 billion in annual savings in spending.

Flaherty said U.S. and European difficulties have not prevented the Canadian economy from performing "relatively well."

"Our focus is on creating the right conditions for more jobs and stronger economic growth," he said.

The comments follow several days of market upheaval that has seen the Toronto stock market drop sharply.

Peggy Nash, the NDP finance critic, said Flaherty isn't doing enough to cushion the economy from another slump. "What we would have liked to have seen was a little more flexi-



bility on the part of the minister," she said.

"We know that the government has a plan in terms of cutting public spending and deficit reduction, but what we don't need right now is rigidity or even an ideological approach to our finances."

Nash said Flaherty should be looking at infrastructure spending as a way of stabilizing the economy.

THE CANADIAN PRESS

## Mood swing

► **The mood of business** leaders has slipped due to their less optimistic outlook for the Canadian economy, the Conference Board of Canada said yesterday.

► **The business confidence** index, compiled during the last three weeks of June, stood at 103.7, down from 106.2 last quarter and

109.5 in the fourth quarter of 2010.

► **The Conference Board** said business leaders remained generally positive on their financial position and profitability, but predictions about the Canadian economy had worsened.

► **Just 30.9 per cent** believed economic conditions will improve in the next six months, down from 40.6 per cent last quarter.



► Harper and Santos

## Human-rights critics are insincere: PM

Critics of free trade with Colombia who talk about human-rights abuses are really more concerned about protectionism, Stephen Harper claims.

"We can't block the

progress of a country like this for protectionist reasons, and (you're) trying to use human rights as a front for doing that," the prime minister said yesterday in Bogota as he stood

beside Colombian President Manuel Santos.

The NDP opposed the agreement in 2008 and tried to block the deal. It takes effect Monday.

THE CANADIAN PRESS

# Assange assailed in Kindle e-book

A British journalist's inside take on WikiLeaks founder Julian Assange will be published in the U.S. as an e-book "single." Digital publisher RosettaBooks says Heather Brooke's *Assange Agonistes* can be downloaded for \$1.99 US through Amazon.com's Kindle Single program.

The e-book is a first-person narrative of Brooke's disillusionment with Assange, whom she initially admired as a "warrior



► Julian Assange in London last month.

for freedom," but later decided was "unsettlingly, even bafflingly, unaware of any notion of personal boundaries."

THE ASSOCIATED PRESS

## CHANGING THE CHANNEL

### Viewers hang up on pay TV

The weak U.S. economy is hitting Americans where they spend a lot of their free time: They're cancelling or forgoing cable and satellite TV subscriptions in record numbers.

In a tally by the Associated Press, eight of the nine largest pay-TV providers in the U.S. lost

195,700 subscribers in the April-to-June quarter. That's the first quarterly loss for the group, which serves about 70 per cent of households. The loss amounts to 0.2 per cent of their 83.2 million video subscribers.

The chief cause appears to be persistently high unemployment and a housing market that has many people living with their parents, reducing the need for a separate cable bill.

But it's also possible people are turning to cheap Internet video.

THE ASSOCIATED PRESS

## Market moment

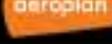
TSX	Dollar	Oil	Natural gas
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# WHAT TO SAY WHEN DEATH IS STARING AT YOU

## HE SAYS ...

JOHN MAZEROLLE  
METRO



As The Guy Who Almost Died, I have important lessons to teach you about life and death.

First, it's never a good situation when you're hoping

for phlegm. That's what I'm doing as I write this in an ER, hoping that my dry cough will change to something grosser — something a teenage boy eating Oreos would be proud to expectorate.

I have a blood disorder that nearly killed me several years ago, and the only persistent symptom was a dry cough. It brought to mind those Hollywood roles in which blonds supposedly on death's door cough tasteless amounts of blood into a white kerchief.

But eventually my symptoms progressed to waking up under my desk thinking, "This isn't good." If you develop the keen medical eye I have, you'll come to recognize that as a bad sign.

With this background, I prefer coughs to be horrible phlegm-filled monstrosities, because then I know I have a cold. When I have a dry hack with no other symptoms, I start hiding my more embarrassing sex-related possessions and making sure I'm wearing clean underwear.

As you can see, my Guy Who Almost Died wisdom runs deep. As such, I offer the following life lessons to save you the trouble of nearly dying. You're welcome.

**Loved ones rock:** People overplay how important it is to have a positive attitude when sick. It's

like the train jumped the tracks and everybody's talking about how brave you were when all you did was hold tight and say, 'Whoooooah.'

On the other hand, it made a big difference for me to see family and friends around me smiling and happy, as opposed to the doctor who (I swear) kept looking back and forth between me and the body bags.

**Victimhood sucks:** I joined a Facebook group for survivors of my condition, but it was mostly people talking about how they'd never live without fear again. What's the point?

It's like my hero, the sheep from Garfield, says: There are problems you can do something about, so why worry? And there are problems you can't do anything about, so why worry?

**Love your body:** People who look in the mirror and say, "I hate my body" because it's not perfect deserve a slap. People with, say, ALS can hate their bodies if they so choose.

You have to love yours. That's a rule.

Even love the bad stuff. Especially the phlegm. Cough, cough, ahem.

Read more of John Mazerolle's columns at [metronews.ca/hesays](http://metronews.ca/hesays)

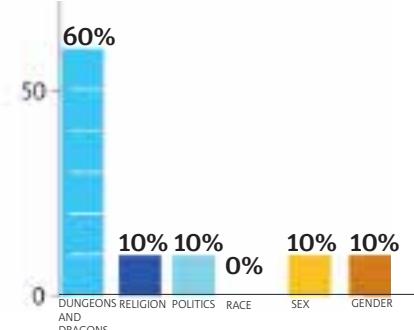


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### What taboo topics do you and your friends never talk about?



### Worth Mentioning

**TOMATOES.** Any way you slice it, the tomato is one confusing comestible.

Is it a fruit or a vegetable? This is the kind of thing that can spark quite the argument, with both sides passionately supporting their claims. Oddly enough, both are right, at least according to the USDA's Economic Research Service. Yes, botanically speaking the tomato is a fruit, but horticulturally and legally it is considered a vegetable.

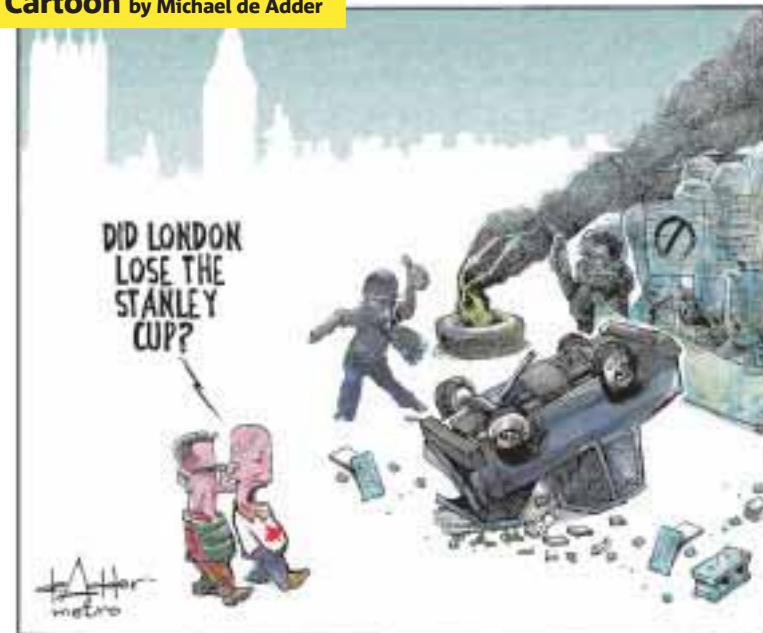
This debate has been adjudicated by none other than the U.S. Supreme Court. It happened in the late 19th century in connection with a challenge to tariffs on imported produce. The high court ruled that despite the botanical definition, tomatoes are a vegetable, in part because at the tables of the time they were served as "the principal part of the repast" and not as dessert.

No telling what the justices would have done in today's envelope-pushing culinary world of tomato jams and gelatos.

In the U.S., today's tomatoes are mainly tariff-free since those that aren't grown domestically are mostly imported from Mexico and Canada, which are covered by the NAFTA free trade zone.

**THE ASSOCIATED PRESS**

### Cartoon by Michael de Adder



### WEIRD NEWS

## Somebody has been eating her porridge...

A woman who turned her rural Northern California home into a spa for wild bears won't go to jail.

The San Francisco Chronicle reports that Lynne Gravier of Laytonville pleaded guilty Monday in Mendocino County to a misdemeanour charge of feeding big game.

However, prosecutors agreed to drop the charge in three years if Gravier agrees to stop her bear feeding.

Gravier says she's glad it's over.

The 77-year-old woman set out a wading pool and bought thousands of pounds of food to feed her guests with corn meal and peanut butter sandwiches.

Neighbours complained that the bears killed livestock and broke into homes.

Last year, authorities found 15 black bears at Gravier's home. The filthy house was condemned, and Gravier now lives elsewhere.

**THE ASSOCIATED PRESS**

### Local tweets



- **@SOOLondon-Can:** It's International Ugly Art & Architecture Day. Hmm ... we don't have anything like that to celebrate, do we #ldnont?
- **@brian\_mackenzie:** Finally, it's unicycling weather again! #ldnOnt (highbury/huron -> central/wellington faster on unicycle than #LTC
- **@RebeccaAmyTodd:** Know what's awesome? When office assistant asks which Fire Roasted Coffee I want this time...Ethiopian Yigracheffe please! #coffee
- **@sabritamburini:** Lights & classified @ frosh week. So excited for school to start! #Fanshawe





## News in brief



Alec Baldwin says he's thinking of running for mayor of New York, but not until he learns more about the job. The 30 Rock actor tells The New York Times he'll sit out 2013 but will consider running in a later election.

THE ASSOCIATED PRESS



Reality show star's lawyer says *Teen Mom 2* drug test led to probation violation charge

# Hue set to brighten up London

► Band with local roots set to return for Friday's gig at APK Live

## BACKSTAGE PASS

AMANDA GRANT  
METRO LONDON



Things will be heating up at APK Live on Friday as former London pop-rock group, Hue, hits the stage.

The band is in town for its second time this summer, celebrating the album Starting Fires, released in July, and catching up with friends in the hometown crowd.

Known for its toe-tapping beats, Hue is reminiscent of Library Voices, with keyboard hooks and sing-along choruses.

The songs on Starting Fires play to a Canadian audience, as does the band's first music video for the single The Bump, which closes on a shot of the CN Tower.

The band, now based in

### Life balance

- Stop by The Arts Project at 203 Dundas St. this weekend to see the exhibit Universum by local artist Erin Ivy.
- The exhibit explores Ivy's relationship with rural and urban landscape through what she calls "a stack of large doodles."
- Paintings are featured on a variety of unique canvases, many pieces created on materials Ivy found in the garbage, giving her pieces texture and depth.

Toronto, is made up of Darcey Finck (guitar), Andrew Schmidt (drums), Andrew Jones (bass) and siblings Danny Paton Jr. (guitar, vocals), Jessica Paton (keyboards, vocals).

Paton Jr. and Schmidt were in band together while attending H.B. Beal Secondary School. Soon after, they met Finck, and Paton Jr. enlisted the help of his sister to do back-up vocals. As the band devel-



► Hue released the album Starting Fires in July.

oped, the members made the move to the big city, where they met Jones, who rounded out the five-piece's sound.

For their latest release, Hue called on OIART grad and Ilderton native Mike

Tomkins. Better known for his YouTube fame, Tomkins got on board, producing the band's album.

Hue will be joined on Friday by Windsor's The Rheostats and Toronto's The Hamptons. You'll see

some familiar faces in the supporting acts; members of London's jam-rock outfit Wild Domestic are in both bands.

The show is free at the APK Live, with music starting at 10 p.m.

# Getting closer to the cast of Glee



NED EHRBAR

SCENE@METRONEWS.CA  
METRO WORLD NEWS IN LOS ANGELES

For most television actors, the months between filming seasons of a show is a time for vacation or squeezing in film roles. For the Glee kids, not so much. Instead, they hit the road to tide their fans over until new episodes hit the air. And now the cast makes the jump to the big screen with Glee: the 3D Concert Movie, a best-of mix of their stadium tour that took them across the U.S. and to Europe during their summer off.

While the live tour isn't a new thing for the Glee cast — they did the same last summer — the experience of playing to 20,000 fans a night isn't something they find easy to get

used to.

"It is different because on a set it's closed off. I think crowds are a little more forgiving than your script supervisor," says Darren Criss, who plays Colfer's private school-attending boyfriend Blaine.

The concert film also features some cute backstage interviews with the cast, done as their on-screen characters — an acting exercise that proved more difficult for some, it turns out.

"It's hard. I definitely blew it a couple of times," Criss says.

In one particularly humorous moment, Michele's Rachel is told that her idol, Barbra Streisand, is in the audience that night, which renders her speechless.

Michele admits real life isn't that far off.

"I did get to meet her,"



► Want a way to feel closer to your favourite characters on Glee? Now you can as they're coming to the big screen in 3-D.

she says. "I held it together and cried when she walked away."

Backstage interviews aside, Michele says keeping in character on tour wasn't a priority.

"Some of us onstage, if they wanted to really embody their characters, they did," she says. "I feel like I did a nice blend of Rachel and of Lea while I was on

stage performing. We are our characters, but when we walk off stage we are definitely ourselves."

Adapting their live show for the presence of cameras might have seemed like a challenge for the cast, but they say that during the two days the film crew was with them the bigger problem was remembering they were there.

"I kept seeing this woman who was walking backward backstage," Michele remembers. "Every time I would walk toward her, she would start walking backward in front of me. I was like, 'This woman has lost her mind.' And then I realized she had a camera on the front of her and she was videotaping me walking."

# Angie, kids hide out in London

► Brangelina brood in city while Brad films World War Z ► Angelina nervous about this week's rioting, but has taken the children out

Angelina Jolie reportedly wasn't too happy staying in London while Brad Pitt films World War Z — and that was before this week's riots broke out.

"Angie was a little nervous, but felt safe," a source says.

The riots began amid anger over a fatal police shooting.

"She was really scared and worried about the safety of the kids, but, as the day has gone by, we've been able to get a clear picture on what's going on. She felt safe enough to take the children out. Of course, we are not going anywhere near central London."

The family is staying in the suburb of Richmond, while Pitt is currently shooting on the coast.

"Brad is worried," the source says.

"He's pretty safe because he's in Falmouth, but knowing Angie and the kids are in London is what's making him worried."

"He has been calling the house regularly, to make sure they are OK and calm."

● METRO



► Angelina Jolie and Brad Pitt

## Arnie's daughter dishes

Katherine Schwarzenegger, the 21-year-old daughter of Arnold Schwarzenegger and Maria Shriver, is opening up about the rocky year her family has had.

"When [the separation] started happening, it was like everything came from nowhere overnight," she

tells Harper's Bazaar.

"I would go out to lunch, and literally 20 people would come and scream at me."

"And I'm like, 'This is so inappropriate; you're trying to provoke me to have an attack and say something crazy.'"

● METRO



► Katherine Schwarzenegger

## Hathaway still purring despite lacklustre catwoman debut

With the first image of her as Catwoman released from the set of the Dark Knight Rises, Anne Hathaway knows what people think.

Hathaway confronted MTV News about the pic during an interview this week.

"I asked someone to send me a few reactions," she says.

"And I happen to know

that MTV's reaction was 'meh'."

But the actress isn't worried.

"What I am happy to say is, if you didn't like the photo, you only see about a 10th of what that suit can do," she says.

"And if you did like the photo, you have excellent taste," she said during the interview.

● METRO



► Anne Hathaway

### Celebrity tweets



"U.S. credit got down-graded. Guess we're like the Associate Producer of superpowers now."

— eliroth



"My mum is on twitter. Is this good? Follow @mummyrusty we'll just have to hope it doesn't get weird."

— rustyrockets



"I wonder if sharks have 'People Week'"

— edgarwright



"I really think last year's gonna be my year."

— Sarah K Silverman

## Ronson faces DUI charges

Celebrity DJ Samantha Ronson has been charged with two misdemeanors for her DUI arrest earlier

this month on the way back from Las Vegas, according to Reuters.

Ronson has been cited for driving under the influence and driving with a blood alcohol level above .08, and if convicted she faces up to six months in jail and a \$1,000 fine.

● METRO

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3  
lifeWinehouse  
fashion line

Fred Perry is proceeding with plans to release fashion collections from the late Amy Winehouse. The British label said it came to the decision "after much consideration". Fred Perry will release the fall-winter 2011 range and wholesale the spring-summer 2012 Amy Winehouse for Fred Perry Collection. Winehouse's royalties and fees from both collections will be donated to the soon-to-be-established Amy Winehouse Foundation, and the label will make a seasonal donation to the foundation.

THE CANADIAN PRESS



Kate joins first ladies, other royals on Vanity Fair's jet-set fashion list

- ▶ Break out your high-heel pumps, your boldest lipstick or your best fedora
- ▶ Banana Republic and Mad Men are teaming up to bring retro polish to the modern workplace

# The designers have gone Mad!

Mad Men has gone beyond a fashion fad. The AMC show about a 1960s ad agency — in which style is as important as the characters and plot — continues to influence runways and retailers with a branded collection debuting next week at Banana Republic.

The new clothing line also provides a temporary fix for Mad Men devotees awaiting the show's return in 2012. No new episodes of the show aired this year.

The clothes are sexy, and Joanna Coles, editor-in-chief of Marie Claire, says that's one of the things that really has resonated with both viewers and shoppers. The show gives us permission to dress to impress the

## Media a la mode

Movies and TV are not uncommon inspiration for fashion designers.

▶ Vera Wang had her Deadwood collection, Anna Sui mined Doctor Dolittle and Tommy Hilfiger has tapped The Royal Tenenbaums more than once.



▶ The Mad Men inspired collection features a colour palette dominated by sophisticated navys, reds and blacks.

opposite sex — in fact it encourages it, she observes.

"Mad Men shows you how to look great in the workplace, and it shows you how to work it," Coles says.

It's the rare TV show that glamorizes the office and fills it with attractive people, she says: "When you look at something like The Office, no male executive wants to recreate the style of Steve Carell. No one



wears lipstick at Dunder Mifflin. Mad Men makes the office a more exciting place than it often is, and Banana Republic is trying to channel that."

Madison Avenue during that era was practically a catwalk with men in three-piece suits and fedoras, and women in sheaths and high-heel pumps carrying handle-top handbags.

It's a good look — and one that people look good in,

says Simon Kneen, creative director for Banana Republic. "It's about good tailoring, it's bon ton, and a little more buttoned up and polished."

But, he says, a key part of the collaboration between Banana Republic and the show's costume designer Janie Bryant was to be sure they weren't crafting costumes. The clothes are modern, with shapes and details adapted to a contemporary eye, Kneen explains.

Gone is the enhanced

**"It's about good tailoring, it's bon ton, and a little more buttoned up and polished."**

SIMON KNEEN, CREATIVE DIRECTOR FOR BANANA REPUBLIC

hourglass created with bust darts and high waistline, according to Bryant.

Fabrics have stretch and are more lightweight, and there is more consideration of comfort.

THE ASSOCIATED PRESS



▶ Channeling Don Draper today, are we?

## Hot flush with a touch of some blush

### THE KIT

A sweep of blush is the fastest route to a healthy-looking complexion.

#### Powder Brush

For rosy cheeks that last, use translucent powder as a base, layer on cream blush or stain, and then finish with powder

blush.

1. Guerlain Blush G Série Noire,



\$76, guerlain.com.

2. Clarins Blush Prodige Illuminating Cheek Colour in Rose Wood, \$32, clarins.ca.

#### Tints

Tints give cheeks a from-within flush and lips a just-bitten finish. Apply on smooth, moisturized skin.

1. Stila Lip & Cheek

Stain in Cherry Crush, \$32, stilacosmetics.com.

2. The Body Shop Tailored Cheek Tint adjusts to your skin's pH. \$16, thebodyshop.ca.

#### Cream Blush

Cream blush is dry skin's best friend! Makeup artist and La Prairie Colour Ambassador Raychel Wade likes to apply it with a blush brush for a blended

air-brush effect.

1. Smashbox In Bloom Cream Cheek Duo in Blushing/Peony, \$30, smashboxcanada.com.

2. FusionBeauty SculptDiv-a cream-to-powder blush in Haute, \$31, fusionbeauty.com.

TEXT BY JANINE FALCON, PHOTO BY GEOFFREY RUSH. SUBSCRIBE FOR FREE TO THEKIT.CA—AND DISCOVER THE DIGITAL WORLD OF BEAUTY.

# Rock your way to relaxation

► Not a fan of weeding and watering? ► Soothe your soul with a low-maintenance rock garden

## DIY IDEAS

Avoid the headache of gardening and bring some Zen to your own backyard with careful planting, specific stone choices and the creation of your own rock garden.

Derek Stearns and Dean Marsico are the hosts of Rock Solid on DIY Network Canada.

These stonemasons regularly tackle masonry projects for the yard and home — whether it's fixing a front step or creating a backyard fire pit.

### Rock your world

You need to select the stone you will be using,

keeping in mind to choose a variety of large and small boulders, flat stones, coloured river bed stones and flagstone.

When installing the stones, begin with the largest and heaviest.

Use crowbars and stone shims to roll these boulders into place, creating a footing so they look natural rather than sitting on ground level.

### Planting ideas

Pick plants that are suitable to your local climate to complete the design of the rock garden.

Remember to choose multiple textures and colours to create an interesting aesthetic.

Once you're ready to plant, work down the land-

scape and scatter the various colours and textures amongst the entire space.

### Walk the walk

The final touch is to create a stepping stone area through the garden that can be used to weed, water, and stroll.

Begin by placing the stones in their desired location, then trace the outline of stones with a shovel.

Remove the stone and dig out a footing before replacing it.

Lastly, add mulch to the entire area around rocks, plants and your walkway to decorate, retain water and prevent weeds.

ROCK SOLID AIRS MONDAYS AT 10 P.M. ET ON DIY NETWORK CANADA



► Warning: Your rock garden may inspire you to drink green tea and do yoga outside.

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# Wozniacki gets bounced

## ► Top-ranked player knocked out in a second-round upset

Defending champion Caroline Wozniacki has crashed out of the women's draw of the Rogers Cup.

The top-ranked Dane was shocked by Roberta Vinci 6-4, 7-5 in the second round yesterday afternoon.

Wozniacki, who has won a WTA-leading five titles this year, was up 5-1 in the second set and looking to rally from a set down. However, the No. 22-ranked Italian stormed back with three break points to complete the upset.

Wozniacki had a bye in the first round and never really got going against Vinci, sending her return long on match point. Wozniacki also hit returns long twice at the first set point to give Vinci a lead she would not relinquish.

"I would have liked to have won that one and especially after leading 5-1 in the second," Wozniacki

said. "It's not fun to lose this, but there's nothing really I can do about it now, just practise and try to do better."

Windy conditions wreaked havoc with Wozniacki's serve in the first set, as the ball repeatedly floated away when she tossed it above her. She would double fault seven times in the match.

"It was very difficult at first with the wind," Wozniacki said. "Especially when you threw it up. It was going everywhere, so definitely that didn't make it easy. It was blowing in different directions, but it's the same for both players."

It will be Vinci's first appearance in the third round of the Rogers Cup in her third visit to the tournament. She has wins this year in Barcelona, Budapest and Hertogenbosch.

THE CANADIAN PRESS

## Men's action



Roger Federer defeated Canadian Vasek Pospisil in straight sets yesterday in the men's draw of the Rogers Cup.

► It was a dream matchup for the 21-year-old

Pospisil, who has idolized the tennis great since childhood.

- But after a close first set on centre court at Uniprix Stadium, Federer disposed of the 155th-ranked native of Vernon, B.C., 7-5, 6-3.
- Play was delayed in Montreal at approximately 6 p.m. ET due to heavy rainfall. Before the weather delay, No. 1 seed Novak Djokovic survived an early scare before defeating Russia's Nikolay Davydenko 7-5, 6-1.



► Caroline Wozniacki returns to Roberta Vinci yesterday in Toronto.



## Quoted



**"It is very easy for me to remain motivated. The players keep me enthusiastic."**

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MANAGER SIR ALEX  
FERGUSON, WHO THIS  
SEASON WILL MARK HIS  
25TH YEAR RUNNING THE  
CLUB. THE ENGLISH PREMIER  
LEAGUE OPENS ITS SEASON  
THIS WEEKEND.

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# Jays deny stealing signs



► Toronto's Jose Bautista reacts to a strike call during last night's game against Oakland.

BRAD WHITE/GETTY IMAGES

► ESPN reports players' complaints

► GM: 'There's zero truth to this'

Jose Bautista wonders what it's going to be next.

"I'm intrigued to see what they're going to come up with next week or next year to try to decipher why we're playing good or why we're doing good or something," the Toronto Blue Jays right-fielder said before last night's game against the Oakland Athletics.

The major-league home run leader was responding to an ESPN report that says at least four members of an opposing team — identified by Bautista as the Chicago White Sox — claim the Blue Jays stole signs during games at Rogers Centre.

Players in the visiting bullpen noticed a man

**"There's zero truth to this. No one's ever contacted me. No GM has picked up the phone and called me."**

JAYS GM ALEX ANTHONPOULOS ON SIGN-STEALING ACCUSATIONS

dressed in white in the outfield in Toronto in April of 2010. According to the report, the players said the man made signals from the stands to Toronto batters, apparently alerting them to what pitch was coming.

Michael Teevan, the public relations director for Major League Baseball, said there are no clear rules when it comes to sign stealing.

THE CANADIAN PRESS

## Sports in brief

### It's official: London lands hoops team

**BASKETBALL.** The National Basketball League of Canada's CEO, Andre Livingston, announced yesterday that London has been officially approved to begin play in the 2011-12 season.

Owners Vito Frijia and Taylor Brown applauded London city council's support in bringing professional basketball to the region.

"As a lifelong fan of the game of basketball, I take great pride in bringing this great sport to London," said Frijia.

The London team kicks

off its 18-game home schedule at the John Labatt Centre in early November. ● METRO

### Pair of Majors voted into league's elite

**BASEBALL.** Outfielder Cleveland Brownlee and right-handed pitcher Jordi Amargos of the London Majors were among 11 players selected to the Intercounty Baseball League's First Team All-Stars. They each received 29 of a possible 35 votes.

The Majors also earned two Second Team All-Star selections. Catcher Tyler Graham and outfielder Alain Cattrysse received 24 and 18 votes respectively.

Pitcher Adam Paish, a UWO product, finished second in rookie of the year voting. ● METRO

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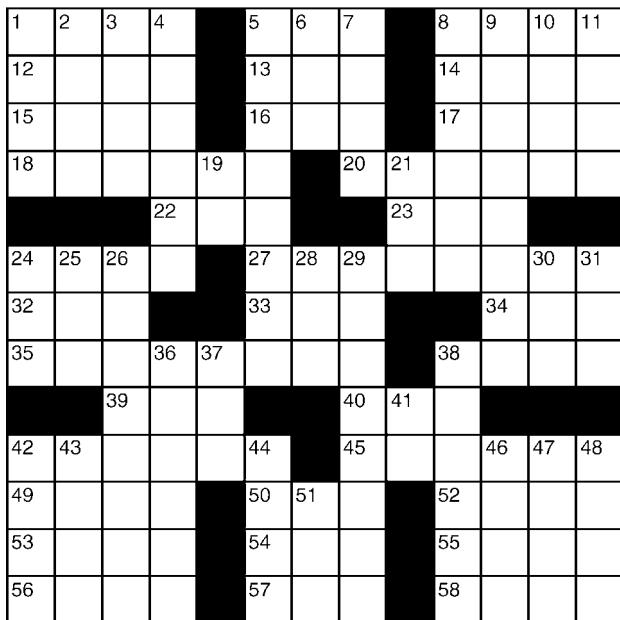
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## Crossword

## Across

1 Nitwit  
5 Scatter seed  
8 At the peak of  
12 Grand tale  
13 Literary collection  
14 Actor LaBeouf  
15 Options list  
16 Mainlander's memento  
17 Sword handle  
18 Spotted cat  
20 Raids  
22 Branch  
23 Easter entree  
24 Blend together  
27 Arriving  
32 Conger, e.g.  
33 Actress Long  
34 Sister  
35 "Tobacco Road"  
author  
38 Variety of Indian  
ox  
39 Swiss canton  
40 Past  
42 Mourn  
45 Doctors  
49 Eye part  
50 Singer DiFranco  
52 Slanted lettering  
(Abbr.)  
53 "A — home is..."  
54 Barbie's companion  
55 Farm fraction  
56 Act the robot  
57 Rant's mate  
58 Mastigate  
**Down**  
1 Showroom sample  
2 Oil acronym  
3 Eat in style  
4 Eyepiece



5 Place of drudgery  
6 Inseparable  
7 Homeless child  
8 Religious retreat  
9 Vitamin B1  
10 Unctuous  
11 Butter squares  
19 Alternatively  
21 "So that's your game, eh?"  
24 Moment  
25 Earl Grey, e.g.  
26 Light up  
28 Zero  
29 Poison ivy aid  
30 Gist



For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

## ► Yesterday's answer



## Today's horoscope

**♈ Aries** March 21-April 20 You don't like to admit defeat but with your ruler Mars at odds with Pluto today, you may have to.

**♉ Taurus** April 21-May 21 A relationship that has been up and down is beginning to stabilize. Don't let minor irritations ruin it.

**♊ Gemini** May 22-June 21 Most likely what you thought was a problem is not a problem at all.

**♋ Cancer** June 22-July 22 If you feel physically and mentally exhausted, you must heed your body's warning and slow down.

**♌ Leo** July 23-Aug. 23 People will try to play on your feelings of guilt, but you must not let them succeed.

**♍ Virgo** Aug. 24-Sept. 22 A problem you have been struggling with will resolve itself today and the relief you feel will be euphoric.

**♎ Libra** Sept. 23-Oct. 23 If you allow yourself to dwell on negative imaginings, they could so easily lead to negative events.

**♏ Scorpio** Oct. 24-Nov. 22 Try not to take anything too seriously today, especially if you tend to dwell on perceived slights.

**♐ Sagittarius** Nov. 23-Dec. 21 It's good to remind people that behind that easygoing exterior is a sensitive human being.

**♑ Capricorn** Dec. 22-Jan. 20 If a friend seems a bit hostile, but you must not let it get to you.

**♒ Aquarius** Jan. 21-Feb. 18 You have bitten off more than you can chew. Decide what tasks are worth carrying on with.

**♓ Pisces** Feb. 19-March 20 If you let colleagues down it will damage your future prospects.

• SALLY BROMPTON

## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Yesterday's answer ►



## Caption contest



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My All  
Feelings I hold for you come straight from the core of my heart; You are my heartbeat. I truly love you and pray we be together forever. With you! LOL

jenilee  
to my love of my life  
princess buko pie, i really  
miss you, the day is not  
the same without you its  
like peanut without butter,  
ham without sandwich  
and chicken without  
wings. i just want to say  
that i will always love you  
till the end of time. lov u  
always ROBERT

MADDIE Hatoner ;)  
thinking of your gorgeous  
SMILE, hope you have an  
awesome day at school.  
YOU ARE SO STUNNINGLY  
BEAUTIFUL.....=)  
H.BALLZ



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